



RULES FOR PLAY DURING COVID19 RESTRICTIONS

Updated 17th May 2021

COURT LIMITS

- Both singles and doubles play is now permitted with people from outside of your household. (Rule of 30 applies)
- Coached sessions are permitted with the maximum numbers as per the LTA recommended coach to player ratios.

MAINTAIN SOCIAL DISTANCING

- Stay at least two metres away from other players at all times (including during play, when taking breaks and before and after play).
- Do not make physical contact with other players (such as shaking hands or high five).
- Avoid chasing the ball down to another court if other players are using it.
- Arrive at the time you have arranged to play. Social mingling before or after playing is allowed but maintain social distancing.

EQUIPMENT & FACILITIES

- If you choose to use shared balls then extra care must be taken to ensure you do not touch your face during play, and you should clean your hands before play and immediately after finishing (use alcohol gel if required).
- Avoid using your hands, where possible, to pick up tennis balls that aren't yours - use your racquet/foot to hit/kick them to your opponent or return them to another court
- No more than six people in the clubhouse at any one time. Maintain social distancing. Tea & coffee making is permitted.
- Toilets may be used but continue to sanitise on entry.

HYGIENE

- Hand hygiene is imperative - use alcohol gel to clean your hands after entering the clubhouse / changing room or touching a shared surface.
- If you need to sneeze or cough, do so into a tissue or upper sleeve.
- Avoid touching your face.